



VALLEY VIEW JUNIOR COUGARS FOOTBALL AND CHEERLEADING ORGANIZATION



PO BOX 56 JESSUP PA 18434

Player Code of Conduct

Participant responsibilities are quite simple; be respectful of others, be responsible, play fair, always do your best and always display good sportsmanship.

A violation of any rule pertaining to the Code of Conduct may result in ejection, reprimand, suspension and/or expulsion from Valley View Junior Cougars Football and Cheer.

As a Valley View Junior Cougar, I hereby pledge that I will:

- Demonstrate respect to coaches, referees and other players.
- Display and encourage sportsmanship at all times.
- Be a team player and support my teammates.
- Be on time and attend every practice and game that I can, and will notify my coaches if I cannot.
- Work hard to improve my skills and give 100%.
- Do my best to listen and learn from my coaches.
- Congratulate the other team after each game as a demonstration of sportsmanship.
- Refrain from using violence, foul language, or insults to others.
- Be generous when I win and gracious when I lose.
- Obey the rules of the game and always work for the good of the team.
- Accept the decisions of the officials with grace and never challenge or question calls. Refrain from challenging or questioning on-field calls by referees and coaches.
- Conduct myself with honor and dignity.
- Clean up after myself at practice and on the sideline of games.
- I will never throw helmets or other equipment in anger.
- I agree to be aware of safety and will follow team and league rules to ensure safe play.